Missouri Family Health Council, Inc. is proud to serve as the state’s sole Title X family planning program grantee and also administers the contraceptive equity initiative, *The Right Time*.

**MOST CHOSEN PRIMARY METHOD**

- **24%** – three-month hormonal injection (Depo)
- **24%** – oral contraceptives
- **15%** – external condoms
- **12%** – IUD
- **9%** – implant (Nexplanon®)

**WHO WE SERVE**

**SEX**
- **Female** 84%
- **Male** 16%

**AGE**
- **20 to 34** – 58%
- **35 to 44**
- **19 and under**
- **44 and over**

**RACE**
- **White** 58%
- **Black** 31%
- **Other/more than one race** 11%
- *8% reported Hispanic/Latinx ethnicity*
**PATIENT FINANCIAL Profile**

Care is free for most Title X and *The Right Time* patients.

**INSURANCE COVERAGE**

- Private insurance: 29%
- Public insurance: 24%
- No insurance: 47%

**PATIENT INCOME AS A PERCENTAGE OF THE HHS POVERTY GUIDELINES**

- < 100% FPL: 60%
- 100% to 150% FPL: 13%
- 151% to 200% FPL: 8%
- 201% to 250% FPL: 5%
- > 250% FPL: 14%

**OUR Network**

MFHC’s diverse Title X and *The Right Time* network supports more than 65 health center locations across the state.

Services are provided in-person and via telehealth, and include:
- Contraceptive counseling and methods
- Annual wellness exams
- Clinical breast and cervical cancer screenings
- Sexually transmitted infection (STI) prevention, screening, and treatment
- HIV prevention, screening, and referral
- Pregnancy screening and counseling
- Preconception care
- Reproductive life planning
- Basic infertility services

Find a health center near you on our website: [MFHC.org/patients](http://MFHC.org/patients)

Stay informed and get involved. Scan this QR code to sign up for our Action Network.

Increase our impact by scanning this code to make a gift to MFHC.