

## UP CLOSE WITH MFHC

A private, nonprofit organization, Missouri Family Health Council, Inc.'s (MFHC's) mission is to champion access for every individual to culturally sensitive, quality, sexual and reproductive health education and services.

We are dedicated to improving quality reproductive health services in Missouri through our programming, which currently includes administering the federal Title X (Title Ten) program and *The Right Time* initiative.

Our programming and advocacy is focused on removing cost barriers, improving access and contraceptive equity, as well as supporting health centers through quality training, analysis, and collaboration.

### FOUR PILLARS OF SERVICE

#### PROGRAMMING

We're proud to lead *The Right Time* initiative, as well as the federal Title X (Title Ten) family planning program for the state.

In 2021, MFHC's network served **44,223** adults and teens with high-quality, affordable sexual and reproductive health services.

#### COLLABORATION

We recognize the importance of partnership and alliance in healthcare, which is why we're committed to collaboration in all aspects of our work.

#### POLICY & ADVOCACY

Our advocacy program seeks to increase health equity and access to reproductive and other safety net services through stakeholder engagement, mobilization, and advancing a shared policy agenda.

#### FUNDING

Our funders and partners are committed to our mission, and we're continually seeking funding opportunities to support our network.

## OUR PROGRAMMING

We're proud to lead *The Right Time* and serve as Missouri's sole Title X (Title Ten) grantee.

Established in 1970, Title X is the nation's first and only federal program dedicated to providing reproductive and sexual healthcare. Title X primarily serves lower-income populations with low- to no-cost, confidential, culturally sensitive healthcare services.

*The Right Time* is a six-year contraceptive access initiative of Missouri Foundation for Health. This program seeks to address persistent health inequalities and inspire individuals to take control of their own health by providing free birth control to all who need it.

## OUR ADVOCACY

MFHC is committed to addressing systemic barriers that decrease health equity and impede access to reproductive healthcare and other safety net services.

We collaborate with health advocates across the state to engage stakeholders, mobilize communities, and advance a shared policy agenda that includes increasing access to family planning, improving infant and maternal health, reducing sexually transmitted infections (STIs), and strengthening family security.

We support systems of care throughout the state, with particular emphasis on safety-net providers, in delivering client-centered reproductive healthcare to all who seek services.

MFHC's diverse network of health centers includes federally-qualified health centers (FQHCs), health departments, community action agencies, hospitals, and standalone family planning clinics.

Our sexual and reproductive health network is comprised of 79 clinics, providing access in over half the state.

Find a health center near you at [MFHC.org](http://MFHC.org).

