



Building healthy foundations for Missouri families.

Abortion Care Resources

Comprehensive All-Options Counseling Resources

All Options 1-888-493-0092 www.all-options.org	A talk-line focused on non-judgmental, open-hearted support and counseling for all pregnancy options (including abortion, adoption, and parenting), pregnancy loss, and infertility.
Faith Aloud 1-888-717-5010 www.faithaloud.org	A compassionate religious and spiritual support line promoting unbiased and judgment-free support for pregnancy, parenting, abortion, and adoption with clergy and religious counselors from a variety of faiths and spiritual practices including Catholicism, Judaism, Unitarian Universalism, Protestant Christianity, and Buddhism.
Planned Parenthood Text "PPNOW" to 774636 www.plannedparenthood.org/online-tools/chat www.plannedparenthood.org/learn/pregnancy/pregnancy-options	A text and online chat platform where health educators answer questions about abortion and other sexual and reproductive health topics with medically-accurate, comprehensive information.
Pregnancy Options www.pregnancyoptions.info	Free, downloadable shame-free, non-judgmental, medically accurate self-guided workbooks on pregnancy options and post-abortion self-care.

Abortion Providers in and around Missouri

Planned Parenthood Great Rivers (MO & IL) 618-277-6668 https://www.plannedparenthood.org/planned-parenthood-great-rivers/abortion	Offers in-clinic abortions, medication abortions, telehealth services, and other sexual and reproductive health care services.
Planned Parenthood Great Plains (MO & KS) 913-345-1400 www.plannedparenthood.org/planned-parenthood-comprehensive-health-great-plains	Offers in-clinic abortions, medication abortions, and other sexual and reproductive health services.
Hope Clinic (IL) 618-451-5722 www.hopeclinic.com	Offers in-clinic abortions, medication abortions, and other sexual and reproductive health care services.
Abortion Finder www.abortionfinder.org/	A directory of verified, trusted abortion providers. Includes options for in-clinic, medication, telehealth, and by-mail abortion care.



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Financial & Logistical Support for Abortion Care in the Midwest

Right by You 855-458-0886 www.rightbyyou.org	A youth-focused text line connecting Missourians to abortion care, birth care, adoption and parenting supports, birth control, and information about their rights.
Regional Logistics Center 618-607-5080 www.plannedparenthood.org/planned-parenthood-st-louis-region-southwest-missouri/patients/regional-logistics-center	Offers logistical and financial support for travel, lodging, abortion care, and other practical needs.
Missouri Abortion Fund https://mofund.org/help-pay-for-abortion	Offers financial support for abortion care.
Midwest Access Coalition 1-847-750-6224 (call or text) www.midwestaccesscoalition.org/pages/support	Offers logistical, travel, lodging, and other practical support for clients seeking abortion care in the Midwest.
National Network of Abortion Funds https://abortionfunds.org/need-abortion/	A hub for information about how to access financial and logistical support for abortion care in the United States, including for Missouri and surrounding states.

Legal Support & Information

Abortion Defense Network www.abortiondefensenetwork.org/	Connects folks to legal advice, representation, and help paying legal expenses related to abortion care.
Repro Legal Help Line 844-868-2812 www.reprolegalhelpline.org/	If/When/How attorneys and advocates provide legal information and support to adults and minors navigating complex laws in order to self-determine their reproductive lives.

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