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Missouri Family Health Council, Inc.
Hails Release of Final Title X Family Planning Rule

Jefferson City, Missouri – Yesterday, the U.S. Department of Health & Human Services (HHS) released its final rule for the Title X program, which rescinds the Trump-era restrictions placed on Missouri Family Health Council, Inc. (MFHC) and marks a critical step toward restoring access to Title X-funded care for over 28,000 people across Missouri.

“We are deeply grateful that the Biden administration has put a stop to the 2019 Title X program rule, which has hamstrung family planning providers and seriously threatened access to care across our state,” said Michelle Trupiano, MFHC Executive Director.

In Missouri, Planned Parenthood of the St. Louis Region & Southwest Missouri (PPSLRSMO) withdrew from the Title X program due to the onerous 2019 rule. From 2018 to 2019, PPSLRSMO served 14% of all Title X clients in Missouri.

“For many of our clients, Title X is their only source of healthcare. MFHC’s health centers are considered a place of safety and trust by the people who need our care the most. The 2019 rule sought to upend the vital work we have done for years to improve access to care and earn our community’s trust. Today’s final rule signals to our provider network and our clients that the federal government is fully committed to supporting our important work of delivering high quality, non-judgmental family planning services for all who seek them,” said Trupiano.

The harmful program restrictions put in place by the previous administration undermined the integrity of a more than 50-year-old public health program that millions of people rely on in communities across the country. Missouri’s Title X providers were forced to abide by a rule that abandoned established medical ethics standards and clinical best practices; the release of the final Title X rule assures that all providers are able to fully engage in conversations about all of a pregnant person’s healthcare options.

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About MFHC: Missouri Family Health Council, Inc. champions access for every individual to culturally sensitive, quality, sexual and reproductive health education and services. MFHC serves as the Program Office for the Missouri Foundation for Health-funded initiative, The Right Time, and is the state’s sole Title X family planning program grantee. Please visit www.MFHC.org to learn more.