



*Building healthy foundations for Missouri families.*

## Abortion Care Resources

### Comprehensive All-Options Counseling Resources

<b>All Options</b> 1-888-493-0092 <a href="http://www.all-options.org">www.all-options.org</a>	A talk-line focused on non-judgmental, open-hearted support and counseling for all pregnancy options (including abortion, adoption, and parenting), pregnancy loss, and infertility.
<b>Faith Aloud</b> 1-888-717-5010 <a href="http://www.faithaloud.org">www.faithaloud.org</a>	A compassionate religious and spiritual support line promoting unbiased and judgment-free support for pregnancy, parenting, abortion, and adoption with clergy and religious counselors from a variety of faiths and spiritual practices including Catholicism, Judaism, Unitarian Universalism, Protestant Christianity, and Buddhism.
<b>Planned Parenthood</b> Text "PPNOW" to 774636 <a href="http://www.plannedparenthood.org/online-tools/chat">www.plannedparenthood.org/online-tools/chat</a> <a href="http://www.plannedparenthood.org/learn/pregnancy/pregnancy-options">www.plannedparenthood.org/learn/pregnancy/pregnancy-options</a>	A text and online chat platform where health educators answer questions about abortion and other sexual and reproductive health topics with medically-accurate, comprehensive information.
<b>Pregnancy Options</b> <a href="http://www.pregnancyoptions.info">www.pregnancyoptions.info</a>	Free, downloadable shame-free, non-judgmental, medically accurate self-guided workbooks on pregnancy options and post-abortion self-care.

### Abortion Providers near Missouri

<b>Planned Parenthood of the St. Louis Region (Illinois)</b> 618-277-6668 <a href="http://www.plannedparenthood.org/health-center/illinois/fairview-heights/62208/fairview-heights-health-center-2712-90770">www.plannedparenthood.org/health-center/illinois/fairview-heights/62208/fairview-heights-health-center-2712-90770</a>	Offers in-clinic abortions, medication abortions, telehealth services, and other sexual and reproductive health care services.
<b>Planned Parenthood of the Great Plains (Kansas)</b> 1-800-230-7526 <a href="http://www.plannedparenthood.org/planned-parenthood-comprehensive-health-great-plains">www.plannedparenthood.org/planned-parenthood-comprehensive-health-great-plains</a>	Offers in-clinic abortions, medication abortions, and other sexual and reproductive health services.
<b>Hope Clinic</b> (618) 451-5722 <a href="http://www.hopeclinic.com">www.hopeclinic.com</a>	Offers in-clinic abortions, medication abortions, and other sexual and reproductive health care services.
<b>Abortion Finder</b> <a href="http://www.abortionfinder.org/">www.abortionfinder.org/</a>	A directory of verified, trusted abortion providers. Includes options for in-clinic, medication, telehealth, and by-mail abortion care.



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## Financial & Logistical Support for Abortion Care in the Midwest

<b>Right by You</b> 855-458-0886 <a href="http://www.rightbyyou.org">www.rightbyyou.org</a>	A youth-focused text line connecting Missourians to abortion care, birth care, adoption and parenting supports, birth control, and information about their rights.
<b>Regional Logistics Center</b> 618-607-5080 <a href="http://www.plannedparenthood.org/planned-parenthood-st-louis-region-southwest-missouri/patients/regional-logistics-center">www.plannedparenthood.org/planned-parenthood-st-louis-region-southwest-missouri/patients/regional-logistics-center</a>	Offers logistical and financial support for travel, lodging, abortion care, and other practical needs.
<b>Missouri Abortion Fund</b> <a href="http://www.mofund.org/get-help">www.mofund.org/get-help</a>	Offers financial support for abortion care.
<b>Midwest Access Coalition</b> 1-847-750-6224 (call or text) <a href="http://www.midwestaccesscoalition.org/pages/support">www.midwestaccesscoalition.org/pages/support</a>	Offers logistical, travel, lodging, and other practical support for clients seeking abortion care in the Midwest.
<b>National Network of Abortion Funds</b> <a href="https://abortionfunds.org/need-abortion/">https://abortionfunds.org/need-abortion/</a>	A hub for information about how to access financial and logistical support for abortion care in the United States, including for Missouri and surrounding states.

## Legal Support & Information

<b>Abortion Defense Network</b> <a href="http://www.abortiondefensenetwork.org/">www.abortiondefensenetwork.org/</a>	Connects folks to legal advice, representation, and help paying legal expenses related to abortion care.
<b>Repro Legal Help Line</b> 844-868-2812 <a href="http://www.reprolegalhelpline.org/">www.reprolegalhelpline.org/</a>	If/When/How attorneys and advocates provide legal information and support to adults and minors navigating complex laws in order to self-determine their reproductive lives.
<b>ReproductiveRights.gov</b> <a href="http://www.reproductiverights.gov/">www.reproductiverights.gov/</a>	Offers information about rights and laws across the country related to reproductive and sexual health.

Most Recently Updated: 10/2023